|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | | | | | | |
| **SINGLES TECHNICAL BONUS FORM** | | | | | | |
| **Please complete form in order of sequence as in routine. Use additional sheets if necessary. Please use black print.** | | | | | | |
| **Athlete:** | | | | | | **Date:** |
| **Country:** | | **Region:** | | | **Federation:** | |
| **Division:** | | | **Category:** | | | **Judge:** |
| **Order** | **Bonus code** | | **Bonus TV** | **Score (judge only)** | | **Notes (judge only)** |
| 1 |  | |  |  | |  |
| 2 |  | |  |  | |  |
| 3 |  | |  |  | |  |
| 4 |  | |  |  | |  |
| 5 |  | |  |  | |  |
| 6 |  | |  |  | |  |
| 7 |  | |  |  | |  |
| 8 |  | |  |  | |  |
| 9 |  | |  |  | |  |
| 10 |  | |  |  | |  |
| 11 |  | |  |  | |  |
| 12 |  | |  |  | |  |
| 13 |  | |  |  | |  |
| 14 |  | |  |  | |  |
| 15 |  | |  |  | |  |
| **Singular bonus total (Maximum +14)** | | |  | **+** | |  |
| **Overall Bonus Points (judges only)** | | | | | | |
| 0 = simple, 0.5 = moderate, 1.0 =difficult, 1.5 = very difficult, 2.0 = extremely difficult | | | | | | |
|  | | | | **Score (judge only)** | | **Notes (judge only)** |
| Flexibility elements | | | **Max +2** |  | |  |
| Strength elements | | | **Max +2** |  | |  |
| Balance elements | | | **Max +2** |  | |  |
| Hoop transitions | | | **Max +2** |  | |  |
| Dynamic moves / Combinations | | | **Max +2** |  | |  |
| **Overall bonus total (Maximum +10)** | | | | **+** | |  |
| Using all 3 levels of the hoop | | | **+1** | **-** | |  |
| Form filled in incorrectly | | | **-1** | **-** | |  |
| **TOTAL** | | | **Max 25** |  | |  |
| **Athletes’ signature :** | | | | **Coaches signature :** | | |